

# Healing Codes



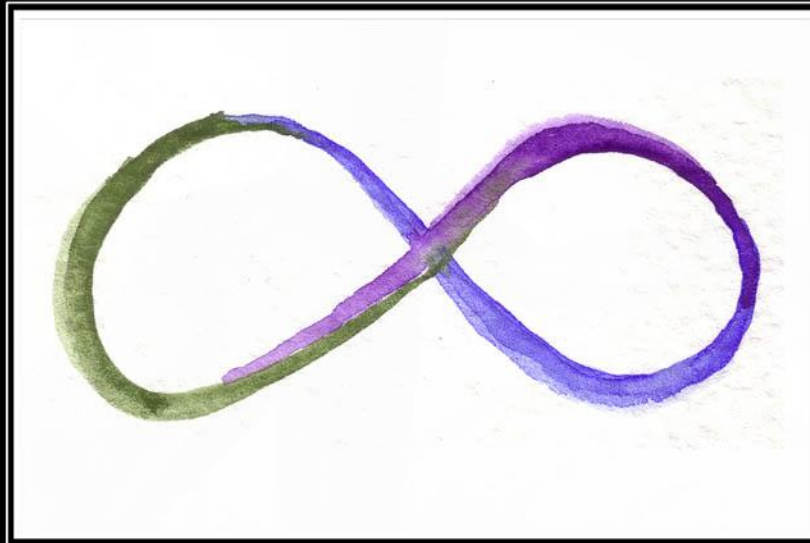
Inner Quality/ Virtue	Unhealthy Emotions	Transforming Emotions	Unhealthy Beliefs	Transforming Beliefs	Unhealthy Actions	Transforming Actions
<b><i>Kindness:</i></b> Identity issues. Am I good or bad?  Can I do it or not?  Are others going to love me?  Attractive or not? I am... <b>Central Nervous</b>	Rejection. Hurt. Fear (comes from hurt and rejection).	Total and unconditional acceptance of myself and others.	People will take advantage of me (if you have been rejected).  People are too sensitive (if you reject others).	I love everyone. Everyone is different but all have worth and value.  I want truth and I want love in my relationships.	Actions to gain approval of self and others.	
<b><i>Goodness:</i></b> Identity.  Works with Kindness issue.  <b>Respiratory System</b>	Fear. Shame.	Thankfulness. Gratitude.	I am: Bad. Not good enough. Unforgivable.	I am: Good. Forgiven. Clean. Built for love.	Selfishness.	Being open. Allowing. Being vulnerable. Sharing.
<b><i>Patience:</i></b> Immune system. Good goals vs. Bad goals.  If your goal is rooted in truth and love and it doesn't happen, your not going to be angry b/c the whole thing was about truth and	Impatience. Anger. Frustration, Insecurity.  Desire for love substitutes.	Contentment. Satisfaction. Security. Healthy action.  Content to wait for something better and be able to wait in peace.	Something has to change right now for me to be okay.	Even though I'm always growing, learning, and getting better I am satisfied and content right now.	Unhealthy actions to "get things".	

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<p><b><i>Peace:</i></b> Can't manufacture by your own will power.</p> <p>It's the indicator of whether you have destructive memories or healthy ones or both.</p> <p><b>Gastrointestinal</b></p>	<p>Anxiety.</p> <p>Worry.</p> <p>Fear.</p>	<p>A sense of peace and restfulness.</p> <p>That indescribable feeling that everything is OK.</p> <p>Just the way it should be.</p>	<p>Something bad is going to happen.</p> <p>The future will be like the past.</p> <p>I am not OK.</p>	<p>Wonderful things are in store for me.</p> <p>My future is not tied to the past.</p> <p>I am Free.</p> <p>I am always okay.</p>	<p>Actions that pleasure the 5 senses.</p>	<p>Seeking win/win situations in my relationships and all my dealings.</p> <p>Focusing on good things related to future and not the bad things of the past.</p> <p>Focusing on the present.</p>
<p><b><i>Joy:</i></b></p> <p>Getting your body and mind to a place of Joy.</p> <p>Joy is in spite of circumstances.</p> <p><b>Skin</b></p>	<p>Sadness.</p> <p>Depression.</p> <p>Feeling inferior.</p> <p>Worthless.</p> <p>Flawed.</p>	<p>Happiness.</p> <p>Excitement.</p> <p>Exhilaration.</p> <p>Confidence.</p> <p>Strength. Wholeness.</p> <p>Self-worth.</p>	<p>I am:</p> <p>Hopeless.</p> <p>Worthless.</p> <p>Life is hopeless.</p>	<p>I am a person of worth regardless of any circumstances.</p> <p>I have unbound hope for the future.</p>	<p>Self-gratification.</p>	<p>Being motivated by truth and love in everything I do.</p> <p>Believing in my power to start each day anew.</p>
<p><b><i>Humility:</i></b> Believing the truth about who you are.</p> <p>Result of Identity (kindness, goodness category).</p> <p>I am a person of value and worth that can do great things in my life whatever they may be.</p> <p><b>Circulatory System</b></p>	<p>Guilt.</p> <p>Shame.</p> <p>Wrongful pride.</p>	<p>My belief in the true identity of myself and others.</p> <p>I believe the truth about myself and that allows me to love.</p>	<p>People must think well of me for me to be okay.</p>	<p>I don't have to try to be someone I'm not in order to be loved.</p> <p>I will believe and love the truth of who I am.</p>	<p>Manipulation of self and others.</p>	<p>Loving people and seeking the truth.</p>

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<b><i>Self-Control:</i></b>  Flows naturally out of giving up control.  Be in balance.  Do what we want to do.  What takes us toward love, our goals, our dreams, visions, and not doing the things that will keep us from goals and dreams.  <b>Muscular/Skeletal</b>	Laziness.  Entitlement.  Helplessness.	Confidence in my true self and in my abilities.	I can't do it.  I'm not capable.  Others should do it for me.  It's not fair.	I am capable.  I can do it.  I don't have to get others to do it for me.  I have a say over my life.	Manipulation.  Deceit.  Giving up.	Positive actions empowered by truth, love and my calling in life.
<b><i>Love:</i></b>  The most important.  Love heals all.  <b>Endocrine System</b>	Unforgiveness .  A feeling of insignificance and resentment.	Forgiveness.  Significance.  Compassion and empathy.	I am:  Unlovable.  Insignificant.  Flawed.	I am:  Lovable.  Significant.  Whole.	Self-protection.	Loving myself and others.  Being committed to the truth.

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<p><b><i>Unforgiveness</i></b></p> <p>Most critical.</p> <p>Root of just about every problem/or healing success.</p>	<p>Anger, fear, sadness,</p> <p>"Toward whom do I feel some anger, sadness, or fear (Self, God, others) or from whom do I feel unforgiven (self, God, others)?"</p>	<p>Allow love, joy, and peace.</p>
<p><b><i>Harmful/ Healthy Action:</i></b></p> <p>Habit buster category.</p> <p>Desires and behaviors we continue to repeat even though they take us further away from what we want in life.</p> <p>They are not the source of our problem; they are the results of memories and beliefs.</p>	<p>1. Self-Gratification:</p> <p>Harmful desires of the five senses:</p> <p>stuff, money, possessions or prideful desires(feeling like I need for everybody to see me in a certain way in order for me to be okay, so I'm really acting a lot of the time.</p> <p>2. Self protection:</p> <p>Doing something to distract yourself from emotional pain, or to control your circumstances to keep pain from happening again (work-a-holism, staying busy, figuring out ways to be alone, extreme shyness, trying to be perfect)</p>	<p>Instead: face/be/do/have what you need. Live your life in truth and love and act from the truth in your heart.</p>

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<p><b><i>Unhealthy/ Transforming beliefs:</i></b></p> <p>Unhealthy beliefs embedded in cellular memory causes stress, illness, disease, failure and vibration.</p>	<p>I'm unlovable.</p> <p>I'm insignificant,</p> <p>I'm flawed.</p> <p>I'm hopeless.</p> <p>I'm worthless.</p> <p>Something bad is going to happen.</p> <p>Something must change right now for me to be okay.</p> <p>People are going to take advantage of me.</p> <p>I am bad.</p> <p>I'm not good enough</p> <p>People are out to get me.</p> <p>I must be in control.</p> <p>It's not fair.</p> <p>People must think well of me to be okay.</p> <p>I can't do it.</p> <p>I'm not capable.</p> <p>Others should do it for me.</p>	<p>I am lovable.</p> <p>I am significant,.</p> <p>I am whole.</p> <p>I am a person of worth regardless of my circumstances or what anybody else thinks.</p> <p>I have unbounded hope for the future.</p> <p>Wonderful things are in store for me.</p> <p>My future is not tied to the past.</p> <p>I am Free.</p> <p>I am always okay,.</p> <p>Even though I'm always learning, growing and getting better, I am satisfied and content right now.</p> <p>I love everyone.</p> <p>Everyone is different but all have worth and value.</p> <p>I will receive good things by surrendering to love and truth.</p> <p>I can lay down control.</p> <p>I don't have to try to be someone I'm not in order to be loved.</p> <p>I will believe and live the truth of who I am.</p> <p>I am capable.</p> <p>I can do it.</p> <p>I don't have to get others to do it for me.</p> <p>I have a say over my life.</p>



u r so b-u-t-ful to me !

We thank you Lord  
for cleansing and healing all  
judgments, beliefs, attitudes,  
thoughts, ideas and memories.

We ask you Lord,  
through the Holy Spirit,  
to fill this cleansed space  
with Your Truth, Love, Clarity,  
and Thy Grace.

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